FALL 2024 VOL. 2, NO. 1

DIRECTIONS MINISTRY

Quarterly Newsletter

Directions for the spirit, soul and body of abused women.



Domestic Abuse Awareness Month

October marks Domestic Abuse Awareness Month, a time dedicated to increasing awareness about the issue of domestic violence and supporting those affected by it. At its heart, Domestic Abuse Awareness Month serves as a call to action for communities to unite in raising awareness, offering support, and working towards prevention. Organizations, like ours, strive to provide victims with safe spaces, essential resources, and the hope they need to begin healing.

Raising awareness around domestic abuse is critical, as well as providing vital education to help victims find support and resources. By increasing education and breaking the stigma around domestic abuse, we can encourage more survivors to come forward, seek help, and find safety. Awareness also plays a key role in prevention. As more people become knowledgeable about the warning signs of domestic abuse, they can intervene earlier to protect those at risk.

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A Memorable Trip to Minneapolis

Minneapolis, Minnesota, is a vibrant city filled with cultural landmarks, historical sites, and unique attractions, including a waterfall. Directions Ministry teamed up with Casey's Travel Agency for a memorable trip on June 19-22. Key highlights included the iconic Mall of America, the twin cities of Minneapolis and St. Paul, a tour of Prince's Paisley Park, and a poignant visit to the George Floyd Memorial.

A bus tour of downtown Minneapolis revealed landmarks like the Guthrie Theater, the Minneapolis Sculpture Garden, and the iconic First Avenue nightclub.

In nearby St. Paul, the historic charm of the capital city shines through in sites like the Cathedral of St. Paul and the **Minnesota State Capitol**.

The group later visited Paisley Park, the legendary studio and home of Prince, located in nearby Chanhassen, just a 30-minute drive from Minneapolis. Paisley Park has been transformed into a museum celebrating Prince's life, music, and creative genius.

Near the end of our trip, we visited the George Floyd Memorial located at the 38th Street and Chicago Avenue intersection. This site, now known as George Floyd Square, honors the life of George Floyd and has become a focal point in the fight for racial justice.

Domestic Abuse Awareness month cont.

During Domestic Abuse Awareness Month, we encourage individuals to familiarize themselves with local resources.

Helplines, shelters, legal services, and counseling are often available for those in need. These services are not only crucial for immediate safety but also for longterm recovery.

Directions Ministry is dedicated to supporting survivors on their path to healing. We invite you to join us in our mission this October and beyond.

Together, we can break the silence, end the stigma, and create a future where everyone feels safe and respected in their relationships.



President's Message

Directions Ministry's purpose is to raise awareness of domestic abuse. Our end-of-summer event was held in September celebrating our ministry accomplishments! We pray that God continues to bless the ministry so that we can bless and support those who suffer in silence. Thanks to our Exec. Board, Advisory Board & volunteers for their contributions this year. We are working on gaining funding & partnering with other agencies in the future to help provide resources for those we serve. Continued blessings.

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Directions Ministry's Day of Beauty

On Monday, May 20th, 2024, Directions Ministry held a heartwarming "Love Day Event," providing eight women from the Pacific Garden Mission with a day of beauty, care, and community. The event centered on holistic wellness, as each woman received personalized beauty spa treatments, including hair and makeup makeovers, facilitated by Mary Kay Consultants. The environment was filled with warmth and kindness, and attendees were treated to refreshments, thoughtful gift bags, and most importantly, a sense of love and connection.

Mary Kay consultants played a key role in the event, ensuring that the women not only looked beautiful but also felt empowered and uplifted. As one consultant shared, "This has been an enlightening experience, meeting so many beautiful women, spiritually and emotionally. I love helping women feel and look beautiful."

Clients expressed their profound gratitude for the experience. One attendee noted how much the event meant to her, sharing, "This was a beautiful holistic experience. I haven't sat in a beautiful chair for decades. I am so very grateful and blessed to experience this today." Another woman commented on how the event boosted her self-confidence: "Today was the most fun I ever had. To see myself in a different way has really boosted my confidence."

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Events & Fellowships

- Weekly prayer conference call on Saturdays from 8 a.m. to 9 a.m. Call 267-808-9495, access code: 103628406
- On Saturday, August 10th, Directions Ministry held a Zoom panel discussion on Battlefield of The Mind by Joyce Meyers. The panel consisted of five guest speakers moderated by Secretary Mrs. Denise Morgan and Correspondent Secretary Mrs. Sharon Barfield, with opening prayer by President Mrs. Linda Harris. Participants were able to ask questions.

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Directions Ministry's Day of Beauty cont.

The event was not only about physical transformation but also spiritual and emotional renewal. Volunteers, including PNC Bank Managers from two locations, helped provide refreshments and gift bags, contributing to the atmosphere of generosity and care. One client expressed how special the day was for her, saying, "Today was a very special day. I met a lot of beautiful people who really showed love and appreciation."

The staff from Pacific Garden Mission echoed these sentiments, highlighting the significance of the event for the women they serve. They remarked, "This experience is truly a blessing from the Lord. The ladies of Directions Ministry treated us with so much love and hospitality."

This day of beauty and care provided a moment of joy, rejuvenation, and hope, leaving lasting impressions on everyone involved. Directions Ministry's Love Day Event was truly a reflection of compassion and community.









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